

Display Screen Equipment Awareness

IIRSM & CPD Approved - 2 CPD points

What is display screen equipment?

Display screen equipment are computer monitors, laptops, tablet PCs, televisions, smartphones, CNC control pads, portable diagnostic screens or equipment containing cathode ray tubes, or CRTs.

This course is aimed at users of display screen equipment (DSE) and anyone responsible for assessing display screen equipment. A 'user', is anyone who frequently uses display screen equipment for a significant part of their work day. If you use display screen equipment continuously for more than one hour a day, then you are classified as a 'user'.

The Health and Safety (Display Screen Equipment) Regulations designate special directives covering DSE safety. Both employers and employees are responsible for the safe use of DSE under the legislation. This course meets your statutory training obligations and introduces the right set-up and use of your DSE safely to minimise the risk of work-related injuries.

Learning Objectives

By the end of this course, you will be able to:

- Recognise many pieces of Display Screen Equipment
- Define the term 'user' of DSE
- Understand the legislation surrounding Display Screens and where to retrieve additional guidance
- Identify the impact that DSE can have on the body
- Evaluate the risk of DSE in your workstation and be able to create a plan to counteract those risks

| Module Number | Module Name | Pass % required |
|---------------|--|-----------------|
| 1 | Introduction | 70 |
| 2 | Legislation | 70 |
| 3 | Protecting Your Body | 70 |
| 4 | Adjusting Your Chair | 70 |
| 5 | Adjusting Your Screen | 70 |
| 6 | Work Arrangements | 70 |
| 7 | Adjusting the Layout of Your Workstation | 70 |
| 8 | Adjusting Your Work Environment | 70 |
| 9 | Final Assessment | 100 |

Duration: 50 minutes (Note: This is based on the amount of video content shown and is rounded off. It does not account in any way for loading time or thinking time on the questions.)