

QNUK Level 3 Award in Emergency Paediatric First Aid (RQF) Qualification Specification



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1 Introduction

Qualifications Network Limited (QNUK) is an Awarding Organisation recognised and regulated by the Office of Qualifications and Examinations (Ofqual) in England, the Council for Curriculum, Examinations and Assessment (CCEA) in Northern Ireland and Qualifications Wales.

This specification outlines key information required by users of the qualification to ensure they can make an informed decision about the suitability of the qualification they are taking or proposing to take for the purposes that they intend to use it.

2 Contact us

Please get in touch if you need any advice or guidance with this qualification.

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3 Document control

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4 Qualification objective

This qualification develops the learner's knowledge, understanding and skills in delivering emergency first aid in an early years setting.

The qualification is ideal for those seeking employment or those already in employment who are looking to progress. The qualification support employers to meet their regulatory requirements.

5 Sector support and industry recognition

This qualification has been written with the collaboration of members of the First Aid Awarding Organisation Forum (FAAOF).

The qualification meets the requirements for emergency paediatric first aid training outlined in the Early Years Foundation stage documentation.

6 Geographical coverage

This qualification is available across the UK and internationally.

7 Benefit to learners

This qualification will provide learners with the skills, knowledge and understanding to support individuals carrying out a first aid role in the workplace.

8 **Progression**

Learners could progress to the:

- QNUK Level 3 Award in Paediatric First Aid (RQF)
- QNUK Level 3 Award in First Aid at Work (RQF)
- QNUK Level 3 Award for the First Person on the Scene (RQF)
- QNUK Award in Responding to Anaphylactic Reactions (RQF)

8.1 Combined qualifications

The QNUK Level 3 Award in Responding to Incidents with an AED (RQF) or the QNUK Award in Responding to Anaphylactic Reactions (RQF) could be delivered alongside this qualification; extra learning time is required to cover the additional content.

9 Recognition of prior learning

QNUK do not accept applications for recognition of prior learning for this qualification.



10 Qualification information

Qualification Number (QN):	603/0560/5
Learning Aim:	60305605
Total Qualification Time (TQT):	7
Guided Learning Hours (GLH):	6
Credit value:	1
Level:	3
Validity:	3 years
Assessment:	Invigilated MCQ paper, and observed practical tasks
Achieving the qualification:	Learners must achieve the single mandatory units
Time to complete:	Learners must complete the qualification within 4 weeks

11 Qualification structure

Mandatory units

Unit No.	Unit Title	Level	GLH	TUT	Credit
R/615/2426	Emergency Paediatric First Aid	3	6	7	1

Optional units

Unit No.	Unit Title	Level	GLH	тит	Credit
N/A	N/A	N/A	N/A	N/A	N/A

11.1 Rules of combination

Learners must complete the mandatory unit

12 Learner entry requirements

Any prior knowledge, skills, understanding or qualifications that are required to undertake this qualification are outlined below:

Learners should be a minimum of 16 years to undertake this qualification

Learners aged 14 - 16 may take the qualification; however, they should not be relied upon to be the sole first aider.

Learners must demonstrate first aid procedures as part of their assessment, as they would in a real work environment, including providing CPR to a casualty on the floor. Therefore, learners must be physically capable of performing CPR on the floor.



There are no other pre-requisites for this qualification.

12.1 Language of the assessment

Learners must have sufficient command of the English language to understand and undertake the recommended assessment methods for this qualification.

It is strongly recommended that learners should be working at level 2 literacy.

Learners may use BSL, however in these cases centres may be asked to video record assessments for verification purposes.

13 Learner identification

Anyone undertaking a regulated qualification is required to prove their identity. This ensures only those with a genuine claim to the qualification can make that claim.

Learners who are unwilling or unable to provide a copy of their identification prior to assessment will not be able to complete their qualification.

Identification documents should reflect the learners current legal name. Certificates will be issued in this name.

Learners are required to provide at least 1 form of photo I.D. If photo I.D is not available, 2 forms of non-photographic I.D can be produced.

Acceptable forms of photographic I.D (1 required) are:

- Signed UK Photo card driving licence
- Signed passport (any nationality)
- Valid EU Photo identity card
- SIA security licence (with photo)
- Current and valid warrant card issued by HM forces or Police
- Current and valid Prison service card (with photo)
- Proof of age card
- Employee photo identification card
- Student photo identification card for a recognised educational establishment
- Firearms license (with photo)

Acceptable forms of non-photographic I.D (2 required) are:

- Current driving license paper version
- Birth certificate
- Marriage/civil partnership certificate
- Mortgage statement (issued within past 12 months)
- Bank or building society statement (issued within last 3 months)
- Bank or building society account opening confirmation letter (issued within last 3 months)
- Credit card statement (issued within last 3 months)
- Pension or endowment financial statement (issued within last 12 months)
- P45 or P60 statement (issued within last 12 months)
- Council tax statement (issued within last 12 months)
- Valid work permit or visa issue by UK government
- Utility bill excluding mobile phone bill (issued within last 3 months)
- Benefit statement e.g. child benefit, pension (issued within last 3 months)



14 Delivery requirements

This qualification is delivered in a face-to-face setting over a minimum of a 1-day period. Learners should complete the qualification within 4 weeks.

14.1 Venue requirements

14.1.1 Physical classrooms

Classrooms should be suitable for learning and meet all relevant Health and Safety requirements.

Classrooms should:

- have suitable light and heat
- be a suitable temperature
- be free from obtrusive noise and odours
- have sufficient seating
- have suitable surfaces for note taking
- be of a suitable size for learners (approximately 11m³ per learner in a room with 3m high ceilings)
- have access to toilets and welfare facilities
- have access to refreshment facilities

14.2 Equipment requirements

Centres are responsible for ensuring this qualification is delivered using the following equipment as a minimum.

- suitable presentation materials
- reference manual (Learners may be required to purchase these separately)
- suitable number of child resuscitation manikins (one manikin per four learners)
- suitable number of infant resuscitation manikins (one manikin per four learners)
- suitable manikin disinfectant wipes
- suitable number of AED training devices (one unit per four learners)
- first aid kits containing a range of equipment including dressings and bandages as appropriate for the work environment
- a range of adrenaline auto injector training devices (one unit per four learners)
- other first aid equipment as appropriate for the individual setting

Additional equipment may include:

- Example medications such as inhalers
- Posters and realia

14.3 Blended learning

Blended learning is not accepted for this qualification.

14.4 Assessor to learner ratio

The maximum assessor to learner ratio for this qualification is 1: 12



14.5 Recommended resources

Learners should have access to a suitable first aid manual for the duration of the course. Examples include:

- Voluntary Aids Society First Aid manual
- Paediatric First aid Manual from QNUK resources

15 Centre personnel requirements

Centres are required to ensure anyone involved in the delivery, assessment and quality assurance of our qualifications are registered with QNUK and approved to deliver, assess or quality assure the qualification.

Any courses delivered without the above approval will be invalidated.

Internal quality assurers are required to ensure that trainers, assessors and quality assurance staff, and their records, including qualification certificates and CPD are up to date and maintained.

15.1 Trainers/ assessors

Specific details related to the training, assessing, subject knowledge and CPD requirements are outlined in our delivery resource requirements document. This is available on our website.

Those involved in the delivery and assessment of this qualification must:

- 1. Hold a suitable first aid or medical qualification (type 1) appendix 4, and
- 2. Hold a teaching qualification as listed in appendix 1, and
- 3. Hold an assessing qualification (type 1) as listed in appendix 1, and
- 4. Show current evidence of continuing professional development in teaching, assessment and the subject matter. **and**
- 5. Provide an acceptable log of teaching first aid within the last 3 years or
- 6. Provide an acceptable record of competently teaching theoretical and practical first aid sessions under the supervision of a suitably qualified assessor

15.2 Internal quality assurers

Internal quality assurers for this qualification must:

Meet the above trainer/ assessor requirements.

They should also:

- meet the qualification requirement for IQAs (type 1) listed in appendix 2 and
- show current evidence of continuing professional development in assessment, quality assurance and the subject matter.

16 Assessment requirements

Learners are assessed for this qualification using the following methods:

- Multiple choice examination
- Observation

16.1 Multiple choice examination

The MCQ paper will be taken under examination conditions, i.e. learners will sit a minimum of 1.25 metres apart, will not confer during the examination and no electronic devices (such as mobile phones) or books, including dictionaries, will be permitted.



Language of assessment:	English
Duration:	60 minutes
Pass mark:	70% (28/40)
Grading:	Pass / Fail

Resits

If a learner is unsuccessful with the multiple-choice examination, they can have a second attempt. This must be taken within the time allowed for completion of the qualification.

Where a learner has failed to score 60% or more they should undertake additional training before resitting the assessment.

If a learner fails a second attempt, with or without additional training, they will have failed the qualification and will not be able to resit the assessments.

16.2 Practical observations

Learners are required to undertake a number of practical observations.

These practical's can be in a simulated environment, however the practical should be undertaken as it would in a real environment and in line with the purpose of the qualification.

Language of assessment:	English
Duration:	As required
Pass mark:	100%
Grading:	Pass / Fail

Resits

If a learner is unsuccessful with the practical observation, they can have a second attempt. This must be taken within the time allowed for completion of the qualification.

If a learner fails a second attempt, with or without additional training, they will have failed the qualification and will not be able to resit the assessments.

17 Moderation

This qualification has been rated as QNUK as medium risk. As centre assessors are responsible for assessment decisions, it is subject to both moderation and verification.

Moderation will initially require QNUKs EQA department to moderate or check each assessment decision for the MCQ assessment. We will also ensure centres assessment decisions in regard to practical skills in this, or a closely related subject are verified.

The level of moderation and verification is dependent on the risk level of the centre.

Direct claims status (DCS) may be available for medium or low risk centres who have demonstrated consistent high levels of quality assurance. DCS is reviewed regularly at intervals determined by our Centre Assessment Standards Scrutiny Strategy (CASSS).



Centres should allow for an additional 3 days where assessment decisions are being moderated.

18 Results

The centre is required to submit learner results within 10 working days of assessment to Qualifications Network UK for moderation.

We will issue verified results and appropriate certification to the approved centre within 10 working days of receiving the results.

Centres with DCS will have certificates issued within 7 days.

Centres will forward results and/or certificates to learners, who can expect to receive them within 24 working days of taking the assessment. If learners have not received results and/or certificates within 28 working days, they should contact the centre in the first instance.

If a centre is in a sanction or has been withdrawn from QNUK either voluntarily or otherwise, we reserve the right to send certificates directly to learners.



19 Appendix 1: Units of assessment

Unit 1 Emergency Paediatric First Aid

R/615/2426

Unit summary:

The learner will develop the skills, knowledge and understanding to deal effectively with a range of emergencies in an early years setting requiring first aid.

LO 1	The learner will understand the role and responsibilities of a paediatric first aider				
	Assessment Criteria	Types of evidence			
The lear	The learner can:				
1.1	Identify the role and responsibilities of a paediatric first aider	MCQ			
1.2	Identify how to minimise the risk of infection to self and others	MCQ			
1.3	Differentiate between an infant and a child for the purposes of first aid treatment	MCQ			

LO 2	The learner will be able to assess an emergency situation safely				
	Assessment Criteria	Types of evidence			
The lea	The learner can:				
2.1	Conduct a scene survey	Obs			
2.2	Conduct a primary survey on • an infant • a child	Obs			
2.3	Summon appropriate assistance when necessary	Obs			



LO 3	D 3 The learner will be able to provide first aid for an infant and a child who are unresponsive		
	Assessment Criteria	Types of evidence	
The lea	ner can:		
3.1	 Identify when to administer Cardiopulmonary Resuscitation (CPR) to: an infant a child 	Obs	
3.2	Demonstrate CPR using: an infant manikin a child manikin 	Obs	
3.3	Identify when to place an infant or a child into the recovery position	Obs	
3.4	 Demonstrate how to place: an infant into the recovery position a child into the recovery position 	Obs	
3.5	Demonstrate continual monitoring of breathing, whilst they are in the recovery position, for: an infant a child 	Obs	
3.6	Identify how to administer first aid to an infant or a child who is experiencing a seizure	MCQ	

LO 4	The learner will be able to provide first aid to an infant and a child who are choking					
	Assessment Criteria	Types of evidence				
The lear	The learner can:					
4.1	Identify when an infant or a child is choking	Obs				
	Demonstrate how to administer first aid to:					
4.2	 an infant who is choking 	Obs				
	 a child who is choking 					

LO 5	The learner will be able to provide first aid to an infant and a child with externa	al bleeding	
	Assessment Criteria	Types of evidence	
The learner can:			
5.1	Identify whether external bleeding is life-threatening Obs		
5.2	Demonstrate how to administer first aid to an infant or a child with external bleeding	Obs	



LO 6	The learner will know how to provide first aid to an infant or a child who is suff shock	fering from		
	Assessment Criteria	Types of evidence		
The lear	The learner can:			
6.1	Recognise when an infant or a child is suffering from shock MCQ			
6.2	Identify how to administer first aid to an infant or a child who is suffering from shock	MCQ		
LO 7	The learner will know how to provide first aid to an infant or a child with bites, stings and minor injuries			
	Assessment Criteria	Types of evidence		
The lear	ner can:			
	 Identify how to administer first aid to an infant or a child: Bites Stings 			
7.1	 Small cuts Grazes Bumps and bruises Small splinters Nose bleeds 	MCQ		



R/615/2426 Emergency Paediatric First Aid

What needs to be learnt?

1.1

1.2

2.1

2.2

2.3

Identification of the roles and responsibilities of a paediatric first aider may include:

- Preventing cross infection
- Recording incidents and actions
- Safe use of available equipment
- Knowledge of paediatric first aid contents
- Assessing an incident
- Summoning appropriate assistance
- Prioritising treatment
- Dealing with post incident stress

Minimising the risk of infection may include:

- Personal Protective Equipment (PPE)
- Hand hygiene
- Disposal of contaminated waste
- Using appropriate dressings
 - Barrier devices during rescue breaths
- Covering own cuts

Others may include: infant or child receiving first aid; work colleagues; parents; carers; other people within the infant or child's environment.

Differentiating age ranges for first aid treatment may include:

- **1.3** Infants: under 1-year-old
 - Children: 1 to 18 years' old

Conducting a scene survey may include:

- Checking for further danger
- Identifying the number of casualties
- Evaluating what happened
- Prioritising treatment
- Delegating tasks

The primary survey sequence may include:

- Danger
- Response
- Airway
 - Breathing
- Circulation

Summoning appropriate assistance may include:

- Shouting for help
- Calling 999/112 via speakerphone or bystander
- Leaving the casualty to call 999/112
 - Calling an NHS emergency helpline such as 111



	NETWOR
	Identifying when to administer CPR must include:
3.1	When the casualty is unresponsive and:
	 Not breathing
	 Not breathing normally/agonal breathing
	Demonstrating CPR must include:
	• 5 initial rescue breaths
	30 chest compressions
	 Correct hand positioning
	 Correct compression depth for infant and child
	 100-120 per minute
	2 rescue breaths
3.2	 Correct rescue breath positioning
5.2	 Blowing steadily into mouth (about 1 sec to make chest rise)
	 Taking no longer than 10 seconds to deliver 2 breaths
	• AED (Defibrillator)
	 Correct placement of AED pads
	 Following AED instructions
	CDP minimum demonstration time of 2 minutes (at fleer level For shild manikin). May additionally
	CPR – minimum demonstration time of 2 minutes (at floor level For child manikin). May additionally include use of rescue breath barrier devices.
	Identifying when to place the casualty into the recovery position should include when the casualty
	has lowered levels of response and:
	Does not need CPR
	Is breathing normally
3.3	Is uninjured
5.5	An injured casualty may be placed in the recovery position if the airway is at risk (e.g. fluids in the
	airway or you need to leave the casualty to get help).
	, , , , , , , , , , , , , , , , , , , ,
	Infant or a child: the learner may apply their skills or knowledge to either an infant (baby) or a child
	first aid situation because the recognition/treatment would be the same.
	Placing a casualty into the recovery position may include:
	• Placing in a position that maintains a stable, open, draining airway at floor level (or holding in
3.4	position for infants)
	Continually monitoring airway and breathing
	Turning the casualty onto the opposite side every 30 minutes
	Continually monitoring airway and breathing includes:
3.5	 Continual checking for normal breathing to ensure that cardiac arrest can be identified
3.5	immediately
	Administering first aid to a casualty having a generalised seizure may include:
	 Keeping the casualty safe (removing dangers)
3.6	 Noting the time and duration of the seizure Opening ainway and checking breathing pact seizure
	Opening airway and checking breathing post seizure
	Determining when to call 999/112
	Infant or a child: the learner may apply their skills or knowledge to either an infant (baby) or a child
	first aid situation because the recognition/treatment would be the same.

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Identifying mild choking may include recognising the casualty is able to:

- Speak
- Cough
- Cry

4.1

4.2

5.2

Breathe

Identifying severe choking may include recognising the casualty is:

• Unable to cough effectively

- Unable to speak or cry
- Unable or struggling to breathe
- In visible distress
- Unconscious

Infant or a child: the learner may apply their skills or knowledge to **either** an infant (*baby*) **or** a child first aid situation because the recognition would be the same.

Administering first aid for choking should include the following:

- Encouraging to cough
- Up to 5 back blows
- Up to 5 abdominal thrusts (chest thrusts for infants)
- Calling 999/112 when required
- CPR if unconscious

Identifying the severity of arterial bleeding may include recognising the blood:

- Is under pressure
- Spurts in time with the heartbeat

Recognition that arterial bleeding Is a life-threatening emergency

- 5.1 Identifying the severity of venous bleeding may include recognising the blood:
 - Volume in veins is comparable to arteries
 - Flows profusely from the wound

Recognition that venous bleeding Is a life-threatening emergency

For context - identifying capillary bleeding may include recognising that blood trickles from the wound. Capillary bleeding Is **not** a life-threatening emergency

Administering first aid for external bleeding may include:

- Maintaining aseptic technique
- Siting or laying the casualty
- Examining the wound
- Applying direct pressure onto (or into) the wound
- Dressing the wound
- Catastrophic bleeding treatment may include:
 - Wound packing
 - Tourniquet application
 - Improvised tourniquet application

Infant or a child: the learner may apply their skills or knowledge to **either** an infant (*baby*) **or** a child first aid situation because the recognition/treatment would be the same.



Shock: hypovolaemic shock (resulting from blood loss)

Hypovolaemic shock recognition may include:

- Pale, clammy skin
- Fast, shallow breathing
- Rise in pulse rate
- Cyanosis

6.1

6.2

• Dizziness/passing out when sitting or standing upright

Infant or a child: the learner may apply their skills or knowledge to **either** an infant (*baby*) **or** a child first aid situation because the recognition/treatment would be the same.

Administering first aid for hypovolaemic shock may include:

- Treating the cause
- Casualty positioning
- Keeping the casualty warm
- Calling 999/112

Infant or a child: the learner may apply their skills or knowledge to **either** an infant (*baby*) **or** a child first aid situation because the recognition/treatment would be the same.

Administering first aid for bites may include:

- Irrigation
- Dressing
- Seeking medical advice

Administering first aid for stings may include:

- Scraping off the sting
- Applying an ice pack
- Giving sips of cold water (if the sting is in the mouth)
- Monitoring for allergic reaction

Administering first aid for small cuts and grazes may include:

- Irrigation
- Dressing
- 7.1 Administering first aid for bumps and bruises may include:
 - Cold compress for 10 minutes
 - Small splinter removal may include the following steps:
 - Cleaning of area
 - Remove with tweezers
 - Dress

Administering first aid for a nosebleed may include:

- Sitting the casualty down, head tipped forwards
- Pinching the soft part of the nose
- Telling the casualty to breathe through their mouth

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Infant or a child: the learner may apply their skills or knowledge to **either** an infant (*baby*) **or** a child first aid situation because the recognition/treatment would be the same.



Rationale for level	Level	Emphasis	Comments
Knowledge	3	Strong	
Skills	3	Strong	
Overall	3		

Rationale for TQT and credit	Hours	Comments
Guided learning:	6	
Directed study:	0	
Independent study:	1	
Work-based learning:	0	
Non invigilated assessment:	0	
TUT:	7	
Credit value:	1	



20 Appendix 2: Command verbs

To ensure that learners can meet the requirements of each criterion, they should be explained to the learner prior to assessment and fully understood by the Assessor for this qualification.

Conduct	Carry out
Demonstrate	Apply skills in a practical situation and/or show an understanding of the topic
Describe	Write or speak about the topic or activity giving detailed information
Identify	Provide brief information about a subject, specific process or activity
Recognise	Acknowledge validity of. Know from before



Appendix 3: Specimen assessment material

- 1. At what point should an ambulance be called for a casualty who is having a seizure?
- A Immediately in call cases

21

- **B** If the seizure lasts longer than normal
- **C** Only if the casualty has never had a seizure before
- D Only if the casualty is a child
- 2. Which **ONE** of the following is a treatment for a casualty suffering from shock?
- A Allow a drink of warm sweet tea
- **B** Allow sips of a suitable sports drink
- **C** Give nothing to eat or drink
- D Provide small amounts of water
- 3. Which of the following items should **NOT** be found in a First Aid kit?
- A Dressings
- B Ice pack
- C Safety pins
- D Paracetamol