



QUALIFICATIONS
NETWORK

QNUK Level 3 Award in
Responding to Anaphylactic Reactions (RQF)
Qualification Specification

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1. Introduction

Qualifications Network Limited (QNUK) is an Awarding Organisation recognised and regulated by the Office of Qualifications and Examinations (Ofqual) in England, the Council for Curriculum, Examinations and Assessment (CCEA) in Northern Ireland and Qualifications Wales.

This specification outlines key information required by users of the qualification to ensure they can make an informed decision about the suitability of the qualification they are taking or proposing to take for the purposes that they intend to use it.

2. Contact us

Please get in touch if you need any advice or guidance with this qualification.

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3. Document control

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Version	Date reviewed	Section	Details
V1	N/A	N/A	Original
V4	08/09/2022	All	Full review
V5	May 2024	10, 12, 18	Added overall grading, added reference to reasonable adjustments policy. Addition of IQA requirements.

4. Qualification objective

This qualification is aimed those working with individuals at significant risk of having an anaphylactic reaction, this includes children. The qualification has been mapped to current Resuscitation Council (UK) guidelines.

5. Sector support and industry recognition

This qualification has been developed to enable individuals to undertake specific training in the management of anaphylactic reactions, including the provision of basic life support training in accordance with UK Resuscitation council guidelines.

6. Geographical coverage of this qualification

This qualification is available across the UK and internationally. Learners are assessed to UK Resuscitation council guidelines.

7. Benefit to learners

This qualification will provide learners with the skills, knowledge and understanding to respond to casualties suffering with anaphylactic reactions.

8. Progression

Learners could progress to the:

- QNUK Level 3 Award in Emergency First Aid at Work (RQF)
- QNUK Level 3 Award in First Aid at Work (RQF)
- QNUK Level 3 Award in Emergency Paediatric First Aid (RQF)
- QNUK Level 3 Award in Paediatric First Aid (RQF)
- QNUK Level 2 Award in Food Allergen Awareness in Catering (RQF)

Combined qualifications

This qualification can be delivered as a “bolt-on” to other first aid qualifications. As some assessment criteria are similar the delivery time can be reduced to approximately 1 hour. Learners must be assessed on all criteria.

9. Recognition of prior learning

As a bolt-on qualification, prior learning can be accepted where courses are combined.

10. Qualification information

Qualification Number (QN):	603/2457/0
Learning Aim:	60324570
Total Qualification Time (TQT):	5
Guided Learning Hours (GLH):	3
Credit value:	1
Level:	3
Validity:	1 year
Assessment:	Invigilated MCQ paper, and observed practical tasks
Achieving the qualification:	Learners must achieve the mandatory single unit
Overall grading	Pass/fail
Time to complete:	Learners must complete the qualification within 4 weeks

11. Qualification structure

Mandatory units					
Unit No.	Unit Title	Level	GLH	TUT	Credit
R/616/4947	Supporting an individual with an anaphylactic reaction	3	3	5	1

Optional units					
Unit No.	Unit Title	Level	GLH	TUT	Credit
N/A	N/A	N/A	N/A	N/A	N/A

Rules of combination

Learners must complete the mandatory unit. All learners must achieve a minimum of 1 credit.

12. Learner entry requirements

Any prior knowledge, skills, understanding or qualifications that are required to undertake this qualification are outlined below:

- Learners should be a minimum of 16 years to undertake this qualification
- Learners must have sufficient command of the English language to understand and undertake the recommended assessment methods for this qualification
- Learners must demonstrate first aid procedures as part of their assessment, including providing CPR to a casualty on the floor. Therefore, learners must be physically capable of performing CPR on the floor.
- There are no other pre-requisites for this qualification.

Reasonable adjustments

The equality Act 2010 requires Awarding Organisations to make reasonable adjustments where a disabled person would be at a substantial disadvantage in undertaking an assessment. Some adjustments may be individual to the learner and aligned to their normal way of working.

How reasonable an adjustment is, will depend on a number of factors including the needs of the individual. An adjustment may not be reasonable if it involves unreasonable costs, timeframes or the security an integrity of the qualification.

There is no requirement to adjust the assessment criteria being tested and adjustments should be inline with the purpose of the qualification.

Reasonable adjustments should be applied, before a learner is assessed, therefore centres need to ensure they identify any reasonable adjustment requirements in time for such adjustments to be made safely.

Further information can be found in our reasonable adjustments policy:

- <https://qualifications-network.co.uk/policies/>

Language of the assessment

- Learners must have sufficient command of the English language to understand and undertake the recommended assessment methods for this qualification.
- It is strongly recommended that learners should be working at level 2 literacy.
- Learners may use BSL, however in these cases centres may be asked to video record assessments for verification purposes.

13. Learner identification

Anyone undertaking a regulated qualification is required to prove their identity. This ensures only those with a genuine claim to the qualification can make that claim.

Learners who are unwilling or unable to provide a copy of their identification prior to assessment will not be able to complete their qualification.

Identification documents should reflect the learner's current legal name. Certificates will be issued in this name.

Learners are required to provide at least 1 form of photo I.D. If photo I.D is not available, 2 forms of non-photographic I.D can be produced.

Acceptable forms of photographic I.D (1 required) are:

- Signed UK Photo card driving licence
- Signed passport (any nationality)
- Valid EU Photo identity card
- SIA security licence (with photo)
- Current and valid warrant card issued by HM forces or Police
- Current and valid Prison service card (with photo)
- Proof of age card
- Employee photo identification card
- Student photo identification card for a recognised educational establishment
- Firearms license (with photo)

Acceptable forms of non-photographic I.D (2 required) are:

- Current driving license – paper version
- Birth certificate
- Marriage/civil partnership certificate
- Mortgage statement (issued within past 12 months)
- Bank or building society statement (issued within last 3 months)
- Bank or building society account opening confirmation letter (issued within last 3 months)
- Credit card statement (issued within last 3 months)
- Pension or endowment financial statement (issued within last 12 months)
- P45 or P60 statement (issued within last 12 months)
- Council tax statement (issued within last 12 months)
- Valid work permit or visa issue by UK government
- Utility bill – excluding mobile phone bill (issued within last 3 months)
- Benefit statement e.g. child benefit, pension (issued within last 3 months)

14. Delivery requirements

This qualification is delivered in a face-to-face setting over a minimum of a half-day period. Learners should complete the qualification within 4 weeks.

Venue requirements

Venues should be suitable for learning and meet all relevant Health and Safety requirements.

Venues should:

- have suitable light and heat
- be a suitable temperature
- be free from obtrusive noise and odours
- have sufficient seating
- have suitable surfaces for note taking
- be of a suitable size for learners (approximately 11m³ per learner in a room with 3m high ceilings)
- have access to toilets and welfare facilities
- have access to refreshment facilities

Equipment requirements

Centres are responsible for ensuring this qualification is delivered using the following equipment as a minimum.

- suitable presentation materials
- reference manual (Learners may be required to purchase these separately)
- suitable number of adult resuscitation manikins (one manikin per four learners)
- suitable number of child resuscitation manikins (one manikin per four learners)
- suitable number of infant resuscitation manikins (one manikin per four learners)
- suitable manikin disinfectant wipes
- suitable number of AED training devices (one unit per four learners)
- paediatric AED pads
- other first aid equipment as appropriate for the individual setting

Other resources may be provided by the centre to support effective learning. These resources may include:

- Posters
- Realia
- Online quizzing
- Videos
- Equipment to support scenario-based learning and assessment

Blended learning

Blended learning is not accepted for this qualification.

Reference material

Learners will benefit from access to a reference manual or suitable handouts.

Assessor to learner ratio

The maximum assessor to learner ratio for this qualification is 1:12

15. Centre personnel requirements

Centres are required to ensure anyone involved in the delivery, assessment and quality assurance of our qualifications are registered with QNUK and approved to deliver, assess or quality assure the qualification.

Any courses delivered without the above approval will be invalidated.

Internal quality assurers are required to ensure that trainers, assessors and quality assurance staff, and their records, including qualification certificates and CPD are up to date and maintained.

Trainers/ assessors

Specific details related to the training, assessing, subject knowledge and CPD requirements are outlined in our delivery resource requirements document. This is available on our website.

Those involved in the delivery and assessment of this qualification must:

1. Hold a suitable first aid or medical qualification (type 1) appendix 4, **and**
2. Hold a teaching qualification as listed in appendix 1, **and**
3. Hold an assessing qualification (type 1) as listed in appendix 1, **and**
4. Show current evidence of continuing professional development in teaching, assessment and the subject matter, **and**
5. Provide an acceptable log of teaching first aid within the last 3 years **or**
6. Provide an acceptable record of competently teaching theoretical and practical first aid sessions under the supervision of a suitably qualified assessor

Internal quality assurers

Internal quality assurers for this qualification must meet the above trainer/ assessor requirements.

They should also:

1. meet the qualification requirement for IQAs (type 1) listed in appendix 2 **and**
2. show current evidence of continuing professional development in assessment, quality assurance and the subject matter.

16. Assessment requirements

Learners are assessed for this qualification using the following methods:

- Multiple choice examination
- Practical observation

Learners should be put forward for assessment only once they have completed the required learning time and have been suitably assessed formatively. Learners who are not ready for assessment should not be put forward for assessment.

Multiple choice examination

The MCQ paper will be taken under examination conditions, i.e. learners will sit a minimum of 1.25 metres apart, will not confer during the examination and no electronic devices (such as mobile phones) or books, including dictionaries, will be permitted.

Language of assessment:	English
Duration:	20 minutes
Pass mark:	70% (4/6)
Grading:	Pass / Fail

Resits

If a learner is unsuccessful with the multiple-choice examination, they can have a second attempt. This must be taken within the time allowed for completion of the qualification.

Where a learner has failed to score 60% or more, they should undertake additional training before resitting the assessment.

If a learner fails a second attempt, with or without additional training, they will have failed the qualification and will not be able to resit the assessments.

Practical observations

Learners are required to undertake a number of practical observations.

These practical assessments can be in a simulated environment, however the practical should be undertaken as it would in a real environment and in line with the purpose of the qualification.

Language of assessment:	English
Duration:	As required
Pass mark:	100%
Grading:	Pass / Fail

Resits

If a learner is unsuccessful with any practical observation assessment, they can have a second attempt. This must be taken within the time allowed for completion of the qualification.

If a learner fails a second attempt, with or without additional training, they will have failed the qualification and will not be able to resit the assessments.

17. Moderation

This qualification has been rated as QNUK as medium risk. As centre assessors are responsible for assessment decisions, it is subject to both moderation and verification.

Moderation will initially require QNUKs EQA department to moderate or check each assessment decision for the MCQ assessment. We will also ensure centres assessment decisions in regard to practical skills in this, or a closely related subject are verified.

The level of moderation and verification is dependent on the risk level of the centre.

Direct claims status (DCS) may be available for medium or low risk centres who have demonstrated consistent high levels of quality assurance. DCS is reviewed regularly at intervals determined by our Centre Assessment Standards Scrutiny Strategy (CASSS).

Centres should allow for an additional 3 days where assessment decisions are being moderated.

18. Internal quality assurance

Centres are responsible for ensuring those assessing this qualification are sampled and monitored to ensure they are assessing to the same standard and that assessment decisions applied across a range of assessors is consistent and fair.

The amount of sampling should be outlined in the centres sampling strategy and should be risk based; low risk assessors may be sampled less frequently than high risk assessors.

All IQA activities should be recorded with comments made in terms of any observations made and actions to be taken. This should be submitted with cohort paperwork and IQA reports should be uploaded to MyQNUK.

All IQA activity should occur before EQA Activity.

Centres who fail to undertake or upload IQA activity related to this qualification may have the qualification removed and may face additional sanctions.

19. Results

The centre is required to submit learner results within 10 working days of assessment to Qualifications Network UK for moderation.

We will issue verified results and appropriate certification to the approved centre within 10 working days of receiving the results.

Centres with DCS will have certificates issued within 7 days.

Centres will forward results and/or certificates to learners, who can expect to receive them within 24 working days of taking the assessment. If learners have not received results and/or certificates within 28 working days, they should contact the centre in the first instance.

If a centre is in a sanction or has been withdrawn from QNUK either voluntarily or otherwise, we reserve the right to send certificates directly to learners.

20. Appendix 1: Units of assessment

Unit 1 | Supporting an individual with an anaphylactic reaction

| R/616/4947

Unit summary:

The unit develops the skills and knowledge to assess an incident, provide first aid to unresponsive casualties who are not breathing and breathing normally and recognise and manage a casualty with a severe allergic reaction.

LO 1 | The learner will be able to assess an incident

Assessment Criteria		Types of evidence
The learner can:		
1.1	Conduct a scene survey	Obs
1.2	Conduct a primary survey of a casualty	Obs
1.3	Summon appropriate assistance when necessary	Obs

LO 2 | The learner will be able to provide first aid to an unresponsive casualty that is not breathing normally

Assessment Criteria		Types of evidence
The learner can:		
2.1	Identify when to administer Cardiopulmonary Resuscitation (CPR)	Obs
2.2	Demonstrate adult CPR using a manikin	Obs
2.3	Demonstrate CPR using: <ul style="list-style-type: none"> an infant manikin a child manikin 	Obs

LO 3 | The learner will be able to provide first aid to an unresponsive casualty that is breathing normally

Assessment Criteria		Types of evidence
The learner can:		
3.1	Identify when to place a casualty into the recovery position	Obs
3.2	Demonstrate how to place a casualty into the recovery position	Obs
3.3	Demonstrate continual monitoring of breathing whilst the casualty is in the recovery position	Obs

LO 4

The learner will be able to recognise and manage a casualty suffering with a severe allergic reaction

Assessment Criteria		Types of evidence
The learner can:		
4.1	Identify common triggers for anaphylaxis	MCQ
4.2	Identify how to minimise the risk of an allergic reaction	MCQ
4.3	Recognise suspected anaphylaxis	MCQ
4.4	Identify how to administer first aid for a casualty with suspected anaphylaxis	MCQ
4.5	Demonstrate the use of a 'training device' adrenaline auto-injector	Obs

Indicative content

R/616/4947	Supporting an Individual with an Anaphylactic Reaction
What needs to be learnt?	

Conducting a scene survey may include:

- 1.1**
 - Checking for further danger
 - Identifying the number of casualties
 - Evaluating what happened
 - Prioritising treatment
 - Delegating tasks

The primary survey sequence may include:

- 1.2**
 - Danger
 - Response
 - Airway
 - Breathing
 - Circulation

Summoning appropriate assistance may include:

- 1.3**
 - Shouting for help
 - Calling 999/112 via speakerphone or bystander
 - Leaving the casualty to call 999/112
 - Calling an NHS emergency helpline such as 111

Identifying when to administer CPR must include:

- 2.1**
 - When the casualty is unresponsive and:
 - Not breathing
 - Not breathing normally/agonal breathing

Demonstrating CPR must include:

- 2.2**
 - 30 chest compressions
 - Correct hand positioning
 - 5-6cm compression depth
 - 100-120 per minute
 - 2 rescue breaths
 - Correct rescue breath positioning
 - Blowing steadily into mouth (about 1 sec to make chest rise)
 - Taking no longer than 10 seconds to deliver 2 breaths
 - AED (Defibrillator)
 - Correct placement of AED pads
 - Following AED instructions

CPR – minimum demonstration time of 2 minutes at floor level. May additionally include use of rescue breath barrier devices

Demonstrating CPR must include:

- 5 initial rescue breaths
 - 30 chest compressions
 - Correct hand positioning
 - Correct compression depth for infant and child
 - 100-120 per minute
 - 2 rescue breaths
 - Correct rescue breath positioning
 - Blowing steadily into mouth (about 1 sec to make chest rise)
 - Taking no longer than 10 seconds to deliver 2 breaths
- 2.3**
- AED (Defibrillator)
 - Correct placement of AED pads
 - Following AED instructions

CPR – minimum demonstration time of 2 minutes (at floor level For child manikin). May additionally include use of rescue breath barrier devices.

Identifying when to place the casualty into the recovery position should include when the casualty has lowered levels of response and:

- Does not need CPR
 - Is breathing normally
 - Is uninjured
- 3.1**

An injured casualty may be placed in the recovery position if the airway is at risk (e.g. fluids in the airway or you need to leave the casualty to get help)

Placing a casualty into the recovery position may include:

- Placing in a position that maintains a stable, open, draining airway at floor level
 - Continually monitoring airway and breathing
 - Turning the casualty onto the opposite side every 30 minutes
 - Placing heavily pregnant casualty on their left side
- 3.2**
-

Continually monitoring airway and breathing includes:

- Continual checking for normal breathing to ensure that cardiac arrest can be identified immediately
- 3.3**
-

Common triggers for anaphylaxis may include:

- Nuts
 - Seeds
 - Latex
 - Pollen
 - Milk
 - Eggs
 - Medicines
 - Stings
 - Animal fur
- 4.1**
-

Ways to reduce the risk of an allergic reaction are

- Being aware of food labelling
 - Testing products before use, i.e. hair dye
 - Encouraging children with personal hygiene
 - Wiping down surfaces before use
 - Raising awareness with others
- 4.2**
-

Recognising anaphylaxis may include rapid onset and rapid progression of a life-threatening airway, breathing and circulation problem:

- Airway – Swelling of the tongue, lips or throat
- Breathing – Difficult, wheezy breathing or tight chest
- Circulation –

- 4.3
 - Dizziness, feeling faint or passing out
 - Pale, cold clammy skin and fast pulse
 - Nausea, vomiting, stomach cramps or diarrhoea
 - There may also be skin rash, swelling and/or flushing.

Infant or a child: the learner may apply their skills or knowledge to either an infant (baby) or a child first aid situation because the treatment would be the same.

Administering first aid for anaphylaxis may include:

- 4.4
 - Calling 999/112
 - Correct casualty positioning
 - Assisting to use their adrenaline auto-injector
 - Resuscitation if required

-
- 4.5 The use of a 'training device' adrenaline auto-injector: must be demonstrated using a training device and NOT a live auto-injector
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Rationale for level	Level	Emphasis	Comments
Knowledge	3	Strong	
Skills	3	Strong	
Overall	3		

Rationale for TQT and credit	Hours	Comments
Guided learning:	3	
Directed study:	0	
Independent study:	2	
Work-based learning:	0	
Non invigilated assessment:	0	
TUT:	5	
Credit value:	1	

21. Appendix 2: Command verbs

To ensure that learners can meet the requirements of each criterion, they should be explained to the learner prior to assessment and fully understood by the Assessor for this qualification.

Conduct	Carry out
Demonstrate	Apply skills in a practical situation and/or show an understanding of the topic
Describe	Write or speak about the topic or activity giving detailed information
Identify	Provide brief information about a subject, specific process or activity

22. Appendix 3: Specimen Assessment material

1. At what point should an ambulance be called for a casualty who is having a seizure?

- A Immediately in call cases
- B If the seizure lasts longer than normal**
- C Only if the casualty has never had a seizure before
- D Only if the casualty is a child

2. Which **ONE** of the following is a treatment for a casualty suffering from shock?

- A Allow a drink of warm sweet tea
- B Allow sips of a suitable sports drink
- C Give nothing to eat or drink**
- D Provide small amounts of water

3. Which of the following items should **NOT** be found in a First Aid kit?

- A Dressings
- B Ice pack
- C Safety pins
- D Paracetamol**